Newfound links close the loop on a gene regulatory network

One of biology’s most-studied signaling pathways may have a heretofore hidden purpose: preventing bottlenecks in cells’ metabolic assembly lines.

Like humans, *Escherichia coli* require a carbon-rich diet to thrive. And like humans, the bacteria sometimes become set in their dietary ways. When glucose is readily available, for instance, *E. coli* stop producing enzymes used to metabolize alternative carbon sources such as lactose and maltose. Cambridge University biochemists Helen Epps and Ernest Gale, who observed a version of that peculiar response in the 1940s, dubbed it the glucose effect. Now known to be triggered by certain other sugars as well, the effect has come to be regarded more broadly as catabolite repression.

One of the earliest discovered examples of gene regulation, catabolite repression is widely thought to be mediated by the phosphotransferase system (PTS), a series of reactions that transport glucose and a handful of other sugars into the cell. The reactions also have the effect of inhibiting the synthesis of cyclic adenosine monophosphate (cAMP), a messenger molecule tasked with activating the synthesis of several enzymes used to metabolize alternative carbon sources such as lactose and maltose. Cambridge University biochemists Helen Epps and Ernest Gale, who observed a version of that peculiar response in the 1940s, dubbed it the glucose effect. Now known to be triggered by certain other sugars as well, the effect has come to be regarded more broadly as catabolite repression.

The PTS–cAMP mechanism has become a textbook illustration of how cells use signaling pathways to adapt to different nutrient supplies. But as an explanation of catabolite repression, it isn’t entirely satisfying. A number of groups have observed catabolite repression triggered by sugars that aren’t transported by the PTS. In other cases, catabolite repression has been triggered not by a particular sugar but by a shortage of noncarbon ingredients such as nitrogen.

Now an international collaboration led by Terence Hwa (University of California, San Diego), Dalai Yan (Indiana University School of Medicine, Indianapolis), Peter Lenz (University of Marburg, Germany), and Yi-Ping Wang (Peking University, Beijing) has devised a model that can explain many of those apparent anomalies.1 In the new model, cAMP remains the key player, but it takes on a new, expanded regulatory role.

“Nothing special”

The group’s model was inspired by an experiment carried out by Conghui You, a postdoc in Hwa’s lab. In the course of growing *E. coli* on more than a dozen different carbon sources, she discovered that concentrations of LacZ, one of the cAMP-activated enzymes affected by catabolite repression, seemed to obey a simple, generic trend: When plotted against growth rate, as shown in figure 1, it always fell on the same downward sloped line—regardless of the nutrient composition. The concentrations of half a dozen other cAMP-activated enzymes were observed to behave in the same way.

You’s microbes were grown under carbon-limited conditions, meaning that their growth rates were determined by the capacity to ingest and metabolize carbon. The implication, then, is that the more quickly a cell can metabolize carbon, the less cAMP it produces. Glucose is a readily metabolizable sugar, which helps explain the earlier studies linking it to low cAMP concentrations. But otherwise, explains Hwa, “it is nothing special.” Apparently, *E. coli*’s cAMP messengers respond to the sugar according to the same rules that govern their response to every other carbon source. So what are those rules?

The protein factory

Microbial growth requires the coordinated effort and interactions of thousands of genes and proteins. (See the article by Rob Phillips and Stephen Quake, *Physics Today*, May 2006, page 38.) Analytically modeling that entire system to predict responses to changes in nutrient composition would be impractical, if not impossible: Even for *E. coli*—one of the most rigorously studied organisms in biology—many of the relevant molecular interactions either aren’t yet known or haven’t yet been quantitatively characterized.

Hwa and his coworkers simplified the task by classifying *E. coli*’s biological machinery according to a coarse-grained division of labor: Catabolic proteins, including LacZ and other cAMP-activated enzymes, convert carbon-based nutrient molecules into α-ketoacids; anabolic proteins assimilate nitrogen and other essential ingredients used to convert α-ketoacids into amino acids; and ribosomal proteins polymerize the amino acids into new proteins.

How fast the cells grow depends on how efficiently they deploy their protein resources. A cell can increase the rate of carbon uptake by increasing the

---

1 enzyme molecule per cell. (Adapted from ref. 1.)
expression of genes encoding catabolic proteins, but that does little good if there’s insufficient nitrogen to convert the carbon into amino acids. Likewise, the mass deployment of ribosomal proteins would be wasteful if the levels of anabolic and catabolic proteins were too low to supply a steady stream of amino acids.

Hwa and his coworkers figured that E. coli might be using cAMP to maintain a balance between catabolic and anabolic fluxes in order to prevent bottlenecks in its amino-acid assembly line. That would explain the apparent negative correlation between cAMP and carbon influx: When carbon fluxes are low compared with nitrogen fluxes, it makes sense to deploy more catabolic proteins, but that does little good if the levels of catabolic and anabolic proteins were inhibiting the synthesis of cAMP.

“A balance is maintained with the help of a negative feedback loop, in which the α-ketoacids accumulate or deplete depending on the relative carbon (Jc) and nitrogen (Jn) fluxes. A balance is maintained with the help of a negative feedback loop, in which the α-ketoacids inhibit the production of cAMP, a messenger molecule that activates the synthesis of catabolic proteins. (Adapted from ref. 1.)

Figure 2. In a coarse-grained model of Escherichia coli metabolism, catabolic proteins degrade carbohydrates into molecules known as α-ketoacids; anabolic proteins assimilate nitrogen and convert α-ketoacids into amino acids; and ribosomal proteins polymerize amino acids to build new proteins. The α-ketoacids accumulate or deplete depending on the relative carbon (JC) and nitrogen (Jn) fluxes. A balance is maintained with the help of a negative feedback loop, in which the α-ketoacids inhibit the production of cAMP, a messenger molecule that activates the synthesis of catabolic proteins. (Adapted from ref. 1.)

A fresh approach
In a way, Hwa and company have turned the standard approach to systems biology on its head. Instead of trying to piece together details of individual biochemical interactions in order to predict the behavior of an entire organism, the researchers investigated the behavior of the entire organism to gain insights into poorly understood molecular-scale interactions.

“It’s not based on exotic experimental techniques that no one has ever seen or used before,” says Uwe Sauer, a systems biologist at ETH Zürich. “They’ve just used rigorous thinking to reveal a simple behavior that was lying under our noses the whole time.”

Sauer thinks the approach could work for a number of other physiological puzzles that continue to vex researchers in the field. One of them, the so-called Warburg effect, in which certain cells grow anaerobically even in oxygen-rich environments, already has Hwa’s attention. Says Hwa, “Our lab is working on that as we speak.”

Reference
1. C. You et al., Nature 500, 301 (2013).